

# Disaster Preparedness for Peritoneal Dialysis Patients

Emergencies or disasters can happen at any time! Continuous Cycling Peritoneal Dialysis (CCPD) and Continuous Ambulatory Peritoneal Dialysis (CAPD) patients are reminded to keep emergency supplies handy so you can evacuate quickly without forgetting important items. Plan to take 4-5 days worth of supplies.

## Supplies to Have on Hand:

- ☑ 5 cases of solution (1.5%, 2.5%, and 4.25%)
- ☑ Masks
- ☑ 1 case of lines and caps
- ☑ Betadine and hand sanitizer
- ☑ Medications and medication list
- ☑ Flashlight with extra batteries
- ☑ Extra batteries for blood pressure monitor



## Plan 1:

During an emergency or disaster, a peritoneal patient who has evacuated must have a secluded room to do exchanges. Two or 3 exchanges should be done in each 24 hour period. **Please be aware that evacuation shelters may be crowded and there will not be an area to do an exchange safely.** Keep this in mind when making your evacuation plan.

## Plan 2:

**If there is no acceptable place to do the exchanges, DON'T DO THEM!** The risks and hazards of peritonitis are far greater than uremia. The uremia can be controlled for up to a week if you limit or eliminate your potassium foods. Follow your renal diet!